



MEET YOUR

Engelwood Elementary

CARDINAL
SUPPORT TEAM

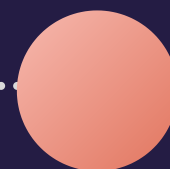
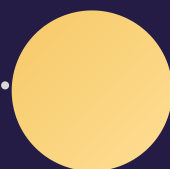
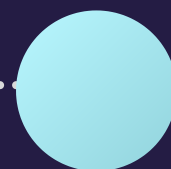
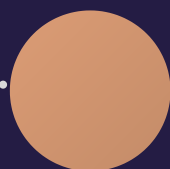
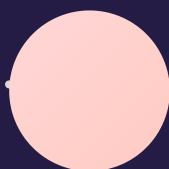
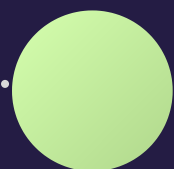


Counselor Names & Roles

Ms. Patrick
School Counselor

Ms. Bri
Alpha Counselor

Mrs. Alexzandra
Student Advocate



School Counselor

- Works with PK-5 Students
- Mental Health Designee
- Provides direct individual and group counseling services
- Identifies students in need of counseling services or supports
- Provides, tracks, and monitors counseling referrals for services
- Participates in and supports the multi-tiered systems of supports (MTSS) process
- Supports crisis response
- Serves as school contact for MVP families and foster care
- Provide families with resources as needed
- Provide staff trainings and parent workshops as needed
- Consults with parents, teachers, and staff regarding concerns about student needs
- Many other duties as assigned

Ms. Patrick



Permission to Refer

Permission to Refer & OCPS Consent for Counseling Services

Orange County Public Schools Permission to Refer for School-Based Counseling Services

Date: _____ School: _____ DOB: _____ Sex: _____ Gen. Ed/EBD/other ESE: _____
Student Name: _____ Student Number: _____ Grade: _____
Initial Referral Source (Name): _____ Role: _____
Phone Number: _____ Fax Number: _____ E-mail Address: _____

OCPS can offer a variety of counseling providers to support your child, **OCPS employees** (school counselor, SAFE coordinator, school social worker, school psychologist or mental health counselor) or **counselors from community agencies**. The school student support team collaborates to refer your child to the counseling provider that meets their needs. Below is a list of the providers who are an option for in-school services. If you have a preference of the provider agency, please make the school aware so that they can determine feasibility. Families can also access information about counseling resources available in the community through CommunityConnect.ocps.net

A Better Therapy 407-374-2285	Chrysalis Health 888-395-8030
A Great Life Services 407-382-0829	Deveraux Florida 888-636-3829
A Core Connection 407-812-2359	Hispanic Family Counseling 407-964-1234
Adapt Behavioral Services 407-589-0444	Impower 321-639-1194
Advanced Psychiatric Solutions 407-736-3869	Kinder Consulting & Parents Too 407-894-6010
Acthropia 386-882-0841	Lukas Counseling 407-543-6852
Apple Health Partners 407-823-5083	North Star Counseling 888-245-1576
Central Florida Recovery 407-851-5158	Phoenix Counseling 352-389-1115
Children's Home Society 1-866-834-7547	Positive Behavioral Solutions 407-215-9436

Parent/Guardian Name: _____ Relationship: _____

Address: _____

Main Phone: _____ Alternate Phone: _____

Parent/Guardian E-mail Address: _____

Medicaid Number: (only for community providers) _____ Medicaid Type: (only for community providers) _____

Is student currently receiving outside counseling services? Yes _____ No If yes, list agency: _____

Are bilingual services requested for parent? Yes _____ No If yes, list language: _____

Are bilingual services requested for student? Yes _____ No If yes, list language: _____

REFERRAL INFORMATION

Defiance of Rules	Identity Issues	History of Self-Injurious Behavior
Withdrawn/Isolated	Lack of Motivation/Apathy	History of Suicidal Ideation
Poor Social/Peer Interaction	Academicism/Trauma	Involvement with Drugs/Alcohol
Verbal Aggression	Depressed/Sad	Family Disruption
Physical Aggression	Anxiety/Nervousness	Death/Grief
Irresponsibility/Blaming/Denying	Hyperactivity/Impulsiveness	Physical Complaints

Other: _____

If you are interested in receiving counseling services for your child, please sign and return to the OCPS referral contact person listed above.
I, _____ (Print Parent/Guardian Name) authorize Orange County Public Schools to share my personal contact information with one of the providers listed above for my child.

Parent/Guardian Signature: _____ (Print Student Name) _____ Date: _____

☐ I do NOT want counseling services for my child at this time. _____ (Parent/Guardian Signature)

This information is **CONFIDENTIAL**. Permission for sharing this information between OCPS and the counseling agency is effective for one school year. You have the right to withdraw this permission to refer at any time.



Orange County
Public Schools

Mental Health Services
3130 Edgewater Drive Orlando • Florida 32804 • (407) 317-3908

OCPS Consent for Counseling Services 2022-2023

Our school is excited to offer students the opportunity to participate in brief counseling services provided by OCPS counseling staff. Topics may include self-esteem, problem solving, social skills, coping skills, and other issues that may interfere with academic progress. These services will be provided in either an individual or group setting. The goal of these services is to assist and enhance your child's academic performance and success.

The counseling services will be conducted at my child's school during school hours and only within the OCPS instructional calendar year. I have been given information on community resources for any concerns after school hours. I also understand that appropriate OCPS personnel may have access to confidential information for the purpose of service coordination. According to F1 Statute, communication between any person licensed or certified under this chapter (491.0147), will not be confidential if my child reports wanting to harm themselves or others, or if abuse or neglect is revealed or suspected. Per state statute, some mental health documentation is included in the student's cumulative file.

I understand the information stated above, and I understand that I may revoke permission in writing for the above at any time. This expires at the end of the current school year.

Type of Service Being Offered (for use by OCPS Personnel):

☐ Counseling "Check-Ins" ☐ Individual Counseling ☐ Group Counseling
☐ Mentoring ☐ Small Group Life Skills Lessons

Student Number _____

I give permission for my child, _____ to participate in counseling services.

Parent/Legal Guardian Signature _____

Date _____

Student Signature _____

Date _____

OCPS Consent for Counseling Services

Counseling Referral Process:

Sign Permission to Refer:

This is a signed agreement by the parent that they would like a provider to reach out regarding counseling services. Signature is REQUIRED.

Determine Best Resource:

School Counselor will collaborate with the student services team to determine the best counseling provider.

Referral Given to Provider:

School Counselor gives signed Permission to Refer to the Provider and communicates about the student.

Consent & Counseling Services Initiated:

Counseling agency receives parental consent, and the School Counselor works with providers to coordinate location and times for services at school.

Counseling Services Monitored:

Counseling agencies will provide monthly summaries of services to the School Counselor. The School Counselor will navigate any concerns in the process.

Discharge Summary:

Discharge is indicated on their monthly summary which is given to the School Counselor.



Contacting Mrs. Patrick

Phone: (407) 249-6340 Ext. 3342246

Email: twyla.patrick@ocps.net

Class Dojo Message



What is Alpha?



Mrs. Bri

Brianda Gonzalez, MA, RMHCI

Senior Youth Counselor

Alpha Program

Email: brianda.gonzalez@aspire.org

Ph: (321) 430-5792

The Alpha Program offers FREE Academic Support and Life Skills Classes to each grade. I spend time weekly assisting teachers and providing lessons to students on character building, social, and life skills. Additionally, Alpha can provide individual and/or group counseling to any student, Kindergarten- 5th grade who is referred to our program. Students can receive FREE one-on-one and/or group counseling to address issues such as self-esteem, grief/loss, social skills, family issues, academics, anger management, coping skills or stress/anxiety; all offered in-person and/or virtually.

Alpha program receives funding from the the Citizens' Commission for Children (CCC) in addition to funding from Orange County. It is for this reason that the Alpha program is required to provide documentation to help assess the program's impact and efficacy at Engelwood Elementary. This includes tracking students' progress through grades, discipline referrals and attendance records.

If you wish for your student to receive any services provided by the Alpha program, all consents must be completed and signed by a parent or guardian on behalf of the student.

Engelwood Neighborhood Center for Families



6123 La Costa Dr.

Ph: (407)751-7906

Portable all the way to the LEFT in the
Engelwood Elementary School parking
lot

The Alpha program works in partnership with the Engelwood
Neighborhood Center for Families (NCF) where many more FREE
services and resources are provided, such as:

- Food bank
- Diaper bank
- Housing/rent assistance
- Employment Services
- Vaccinations
- Assistance with obtaining WIC and/or Food Stamps
- Counseling Services
- Many More

The only requirement to receive any
services from the NCF is that you reside
in Orange County



ORANGE COUNTY
CITIZENS'
COMMISSION
FOR CHILDREN

2100 E. Michigan St.
Orlando, FL 32806
ph: 407-836-7610
fax: 407-836-6556

Mrs. Alexzaida

Student Advocate



- Tutoring
- Mentoring
- Academic Support
- Enrichment Field Trips
- Intervention and Prevention
- Making the Grade Incentives
- Perfect Attendance Incentives
- Grades Monitoring
- Student/Family Well Being



All programs are FREE!

- Youth Employment
- Economic Assistance
- Enrichment Programs
- Mental Health Counseling
- Community Events
- Immigration Services



If you live in the
zone, you qualify
for all the programs
we offer.

Contact Info

Alexzaida Lopez

EKZ Student Advocate

P: 407.246.4453

C: 689.777.6690

alexzaida.lopez@orlando.gov

Scan me if you
want more
information about
the program.



A decorative border consisting of two horizontal dotted lines, one near the top and one near the bottom. Each line is punctuated by a series of colored circles. The top line has circles in the following order from left to right: light green, light pink, brown, light blue, yellow, and coral. The bottom line has circles in the following order from left to right: light green, light pink, brown, light blue, yellow, and coral. The background is a solid dark blue.

Thank you!